

Natural moor bowel cushion

Instructions for use

Thank you for buying a beinio®med natural moor bowel cushion from bb med! The product is a patented medical device. It provides gentle heating and relaxation with natural ingredients. The beinio®med natural moor bowel cushion releases therapeutic heat over a period of several hours. In addition to the application of heat with caraway oil, it can also be used as a heat treatment without caraway oil, depending on the indications.

The moor filling is a modified natural product. Colour variations and discolourations occur naturally. The moor is obtained from regenerative extraction in Germany. The film used is free from critical softeners. The beinio®med natural moor bowel cushion is manufactured in Germany, in the Lower Rhine region.

Please observe the following instructions. This will ensure that you can use your high quality beinio®med natural moor bowel cushion for a long time to come. If you have any questions, please ask your physician or pharmacist.

Heat therapy with the moor bowel cushion

Function: The cushion is placed on the stomach for about 30 minutes at a temperature of 40-43 °C. The increased circulation stimulates the metabolism while the heat releases cramps and stomach pains. The heat application is supported by an essential oil. The cloths contain comforting caraway oil which unfolds with the heat application, promoting relaxation.

Indications:

Without caraway oil cloth: irritable bowel syndrome, flatulence, stomach and bowel cramps, nervous digestive tract, menstrual pains.

With caraway oil cloth: irritable bowel syndrome, flatulence, stomach and bowel cramps, nervous digestive tract.

Heating the bowel cushion:

Microwave (max. 600 Watt) Stop every two minutes and knead the cushion.	Heat for approx. 2-3 minutes, continue in 10 second intervals if required.
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Oven (do not preheat, max. 120 °C) Place on an ovenproof plate. Do not let the cushion come into contact with hot metal.	Heat for approx. 10 minutes, continue in 2 minute intervals if required.
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Heating in hot water (max. 80 °C) Place in a container. Remove with a spoon*, then dry thoroughly.	Heat for approx. 6 minutes, continue in 1 minute intervals if required.
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Use a wooden or plastic spoon without sharp edges.*

Safety information: Do not leave the moor cushion unattended while heating! If the product inflates, switch off the microwave or oven and check the moor cushion for damage once it has cooled down. Overheating the cushion can result in cracks and leaks. Do not let the moor cushion come into contact with hot metal. Sharp or pointed objects can cause damage to the moor cushion. Do not use a damaged cushion! Please check the moor cushion for damage before each use. If the moor cushion leaks, do not use it as other objects may become soiled. We accept no liability for any consequential damage.

Caution! Ensure to carefully check the temperature with the back of your hand before use. Please remember that burns can occur at temperatures as low as 50 °C.

Application with the caraway oil cloth

Heat the beinio[®]med natural moor bowel cushion according to the instructions. Remove the caraway oil cloth from the sachet, unfold it and place it on your stomach. Place the cloth directly on the skin. Now position the beinio[®]med natural moor bowel cushion on top of the cloth and rest in a relaxing position. An application should take 30 minutes, once per day. If required, the application can be repeated several times per day.

Ingredients:

Olea Europaea Oil (olive oil), Carum Carvi Seed Oil (caraway oil), Tocopheryl Acetate (vitamin E), Linalool (aromatic essence from the caraway oil), Limonene (aromatic essence from the caraway oil).

Safety information: Essential oils can cause irritation on sensitive skin. In this case the therapy should not be continued. Avoid eye contact with the liquid. The caraway oil cloth should be stored out of reach of children. Not suitable for children under the age of 3. Keep away from delicate surfaces (e.g. polished wood, marble, etc.) and textiles.

Caution! Do not heat the caraway oil cloth or its packaging!

Contraindications: Do not use as a wound cover. Do not use on children under 3 years of age, on helpless and heat sensitive people. The moor cushion should not be used after taking painkillers or sedatives as these could reduce the sensation of heat and cold. Prolonged use can lead to skin burns. Do not use in case of problems due to inflammation or infection. Do not use the caraway oil cloth if you are allergic to caraway oil.

If you have any questions, please ask your physician or pharmacist.

Storage and care: We recommend storing the cushion in the supplied packaging. The instructions for use have to be stored in a safe place. After use, clean the moor cushion with a damp cloth and store in a dry place. We recommend storing the cushion in the refrigerator. Then you can use it directly for cold therapy or heat it for heat therapy.

Caution! Keep children away from packaging materials! Risk of e.g. suffocation.

Always observe the instructions for care and use and retain these.