



Moorsonne[®]

Instructions for use

Thank you for buying the Moorsonne[®] from bb med.

The Moorsonne[®] meets the requirements for class 1 medical devices according to the directive 93/42/EEC and complies with the toy safety directive 2009/48/EEC. The textile cover can also be used as a comfort blanket for children from the age of 0 years.

The moor filling is a modified natural product. Colour variations and discolourations occur naturally.



The moor is obtained from regenerative extraction in Germany. The moor cushions are produced in Germany, in the Lower Rhine region.

Age of child / intended use	0 – 18 months	18 months to 3 years	3 years and older
Textile cover without moor cushion as a comfort blanket	suitable	suitable	suitable
Heat therapy (approx. 42 °C)	Only suitable for pre-warming the cot	Only suitable for pre-warming the cot	suitable
Cold therapy (fridge temperature)	suitable	suitable	suitable

Caring for the Moorsonne[®]

- The textile cover is washable at 30 °C. Remove the moor cushion before washing! Leave to dry thoroughly after washing.
- After use, clean the moor cushion with a damp cloth and store in a dry place.
- Always keep the Moorsonne[®] dry and air regularly.
- When the moor cushion is not going to be used for a longer period of time it should be periodically heated to prevent it from drying out.



Caution – please read!



General information

Babies and small children are very sensitive to heat influence. Too much heat can cause adverse health effects! Always check the heat level before giving the Moorsonne® to your child! Do not exceed the temperatures – risk of fire!

Do not leave the moor cushion unattended while heating!

If the product becomes inflated, switch off the microwave or oven and check the moor cushion for damage after it has cooled down. Overheating the cushion can result in cracks and leaks. Sharp or pointed objects can cause damage to the moor cushion. Discontinue use if this occurs! Please check the moor cushion for damage before each use.

Do not use if it leaks. We assume no liability for any consequential damage caused by the use of a damaged moor cushion.

Contraindications

Do not use to cover wounds and do not use for persons who are sensitive to heat, in case of Raynaud syndrome and arterial circulatory problems. The Moorsonne® should not be used after taking painkillers and sedatives as these could reduce the perception of heat and cold.

Consult a physician before use. Prolonged use can lead to skin burns.

The Moorsonne® in heat therapy

Indications: Wind, stomach aches

How to use: Remove the cushion from the textile cover. Do not heat the cover! Risk of fire!

1. **Microwave:** Remove the moor cushion from the textile cover and heat it in a microwave at 600 W for approx. 45 seconds. If required, continue heating at 10 second intervals. Do not leave unattended while heating!

Hot water: Remove the moor cushion from the textile cover and place it in a plastic bowl with hot (not boiling) water (max. 80 °C) for approx. 1.5 minutes. Remove the moor cushion with a wooden or plastic spoon without sharp edges. Dry the moor cushion thoroughly after removing.

Oven: Remove the moor cushion from the textile cover and place it on a plate that is suitable for oven use. Heat the moor cushion in the oven **without** pre-heating at max. 120 °C for approx. 10 minutes. If required, continue heating at 1 minute intervals. Do not let the moor cushion come into contact with hot metal! Do not leave unattended while heating!

2. Before use, insert the moor cushion into the textile cover and place it in the cot. Heat conveys a feeling of comfort and well-being. Remove the moor cushion from the cot before putting the child to bed!
3. If your child is over 3 years old, you can also place the Moorsonne® e.g. on their tummy or at their feet.

The Moorsonne® in cold therapy

Indications: insect bites, sprains and contusions, slight fever

Remove the cushion from the textile cover. Do not place the textile cover into the refrigerator! Please also note that the Moorsonne® must not be used any colder than refrigerator temperature!

1. Remove the moor cushion from the textile cover and place it in the refrigerator for at least 2 hours. It can also be stored there permanently.
2. Insert the moor cushion into the textile cover before use. The cool Moorsonne® can provide relief e.g. for insect bites, slight fever or contusions.

Always observe the instructions for care and use and retain these.